

HOW YOU CAN HELP

COULD YOU MAKE A POSITIVE DIFFERENCE TO A CHILD'S LIFE?

We rely on the generosity of our parishes, Catholic schools, annual grant funders and individual loyal supporters in order to be able to help those vulnerable children and their families living in our Diocese. The image on the right shows five ways you can get involved.

**COORDINATE** *your own fundraising events in your parish*
Become a Parish Volunteer and with the support of a small group, organise fundraising events such as coffee mornings, CribFests, Easter events, quiz nights, raffles, cake sales, jumble sales etc.

**HELP** *support organized CCSP fundraising events*
Pass on the news of the CCSP to your school, parish, friends and family and encourage them to join in with our Great Big Diocesan Quiz, our Annual Appeal, our Christmas Crib appeal and other regular events to help raise funds for CCSP.

**INVOLVE** *become a trustee*
Join our Board of Trustees who meet four times a year in Ashburton - a voluntary position both rewarding and challenging. We need interest, energy and enthusiasm from our trustees to sustain and maintain the charity.

**LEGACY** *leave a will*
Provide security for you, your loved ones and the children of the future. A small legacy of £250 could pay for a washing machine or cooker, and £2,500 could support the applications to our Essential Grants programme for a whole month. Think what a difference a legacy of £25,000 could make.

**DONATE** *and declutter*
Stamps, postcards, coins and bank notes, precious metals, metals, costume jewellery, medals, small antiques and collectibles, watches and any Catholic religious memorabilia can all create vital funds.



Thank you to everyone who continues to support CCSP and if you would like to speak to someone about how you can help, please call **01364 645420**, email **ccs@ccsplymouth.org.uk** or visit our website: **www.ccsplymouth.org.uk**

WE ARE LOOKING FOR TRUSTEES

Join our Board of Trustees who meet four times a year on a Monday in Ashburton - a voluntary position both rewarding and challenging. We need interest, energy and enthusiasm from our trustees to sustain and maintain the charity. Our trustees have a wealth of experience but we would love some new people to join our Board as Trustees. If you would like to join us at our next Board meeting, please email **ccs@ccsplymouth.org.uk** or call **01364 645420**.

WE ARE LOOKING FOR PARISH VOLUNTEERS

We are always looking to increase the number of Parish Volunteers we have throughout the Diocese, however there are a large number of parishes where we do not have a representative. Fundraising from our parishes is a major source of our annual income and there is a direct correlation between the amounts raised by parishes depending on whether they have active CCSP supporters or not. Some parishes have just one Parish Volunteer, but many have a small group of volunteers to share the responsibility and make it more enjoyable.

Our faith calls us to love God and to love our neighbours in every situation, especially those living in poverty. It is human nature to feel good

after helping someone out. When you serve and give up your time and energy for someone else, you get emotionally and spiritually recharged. It gives more meaning to your life as a servant of Christ.

If you might be interested in volunteering for the Catholic Children's Society (Plymouth), we are looking for Parish Volunteers in each parish to help promote and support the work we do helping children and families of all faiths and none. We would be happy to come and make a presentation at one of your parish groups meetings to talk about the work we do helping children and families of all faiths and none.

HOW YOU CAN HELP

The Catholic Children's Society (Plymouth) is a registered charity run by volunteers supporting families of all faiths and none within the Diocese of Plymouth. The majority of our fundraising comes from the Catholic community within the Diocese of Plymouth.

Please do not hesitate to contact the Catholic Children's Society (Plymouth) if you require any further information on our services or the different ways you could get involved to help with fundraising. If you would like to find out more about the work that we do striving to enrich the lives of children and their families through the provision of items which others take for granted, please do get in touch.

LIST OF WAYS YOU CAN DONATE

If you would like to donate to the CCSP, there are a number of alternative ways you can do this via:

- **Crowdfunding page:**
www.crowdfunder.co.uk/p/catholic-childrens-society-plymouth-282803
- **POST** by sending a cheque made payable to 'Catholic Children's Society (Plymouth)' to **St Boniface House, Ashburton, Devon, TQ13 7JL**
- **BACS** direct into our account – Catholic Children's Society (Plymouth)
Sort code - 52-41-60
Account number - 06024335
- You can also set up a **regular standing order** to:
Sort Code - 56-00-49
Account number - 00585548

Please scan here using your mobile phone to donate to CCSP via Give a Little.

We also benefit greatly by donations being Gift Aided where possible. Please visit our website for further details where a form can be downloaded.



If you've not given our Facebook page a like, please do so to receive news and updates. Visit **<https://www.facebook.com/CatholicChildrensSocietyPlymouth/>**



Catholic Children's Society (Plymouth)
St Boniface House, Ashburton,
Devon, TQ13 7JL

01364 645420
www.ccsplymouth.org.uk
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Registered Charity No. 282803
Limited by guarantee, Registered in England No. 1546053

August 2026

Putting All Children First



SUPPORTING FAMILY LIFE



Catholic Children's Society
(Plymouth)

Putting All Children First

ABOUT CCSP

New figures estimate that there are now parts of the South West where a third of children are growing up in poverty - compared to one in seven, in areas in the country with the lowest child poverty rates. Although child poverty in the South West is not as high as some areas in the UK, there are still places where significant numbers of children live below the poverty line. It is estimated that over a quarter of a million children in the South West are living in poverty (or 26%) after housing costs are factored into Government data.

The Catholic Children's Society (Plymouth) is a small Diocesan charity working throughout Devon, Cornwall and parts of Dorset. We help families of all faiths and none in times of financial need and provide support to parents and carers in raising their children.

- **Essential Grants Programme**
- **Rainbows Bereavement & Loss Service**
- **Good Shepherd Programme**



HOW WE CAN HELP



ESSENTIAL GRANTS

Geoff was struggling to cope financially and emotionally after his wife died the year before. He could not afford to replace the washing machine when it broke and the twice weekly visits to the launderette were not only stretching the budget, but were also very disruptive for his three young children. The parent support worker at school suggested that he contact CCSP and with their support, Geoff's spirits were lifted when a grant was given for a new washing machine and he was able to wash again at home.



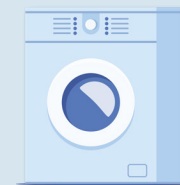
When families are struggling to put food on the table, warmth in their homes and clothes on their children, they are not prepared for when something goes wrong. A broken washing machine is an unwanted expense for anyone, but for those struggling with circumstances such as sudden illness, bereavement, redundancy or eviction, it may mean the need for an expensive loan and the risk of spiralling debt. The CCSP Essential Grants programme aims to prevent an immediate crisis from threatening the stability of family life by providing essential items that parents and carers could otherwise not afford for their children.

A TYPICAL YEAR SEES...

- 48 washing machines**
- 42 cookers**
- 37 clothing grants**
- 32 beds and mattresses**
- 23 fridge/freezers**
- 17 grants for essential furniture**
- 14 grants for new baby equipment**
- 1 residential trip**

A TYPICAL GRANT:

- £50 for school shoes for two children
- £100 for a single bed and mattress
- £200 for a new electric cooker
- £250 for a new washing machine



If you would like more information about our grant funding, please visit our website www.ccsplymouth.org.uk, email: ccs@ccsplymouth.org.uk or phone **01364 645420**.

RAINBOWS

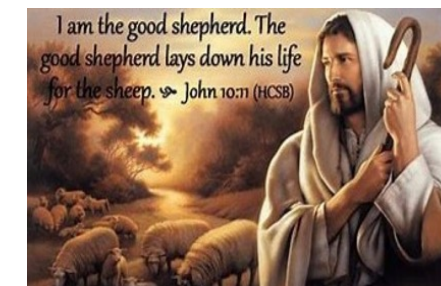
CCSP now provide a Rainbows service for CAST schools. We offer Continuing Professional Development (CPD) for delivering Bereavement and Loss programmes within schools using Rainbows age related peer support programmes, which help foster emotional healing among children, young people and adults.

We can offer high quality training in bereavement and loss by supporting communities in reviewing or developing their own bereavement policy and procedures.

This service is open to all CAST schools to become a Rainbows site and we will provide training for all members of staff and further training for facilitators and co-ordinators to suit the specific needs of your school. For those schools that are already Rainbows sites, ongoing support is provided to affirm and advise the trained facilitators and co-ordinators that run the programmes.

If you would like to book some initial training or an update for your facilitators for your school, please email: ccs@ccsplymouth.org.uk or call **01364 645420**.

GOOD SHEPHERD



Our Good Shepherd programme gives children the opportunity to think about what they have and how they can help other children less fortunate than themselves. We work closely with the Catholic schools in the Diocese and run a different fundraising initiative each year to help raise money for CCSP. Please visit our website to find out about our latest Good Shepherd initiative.



'100% of headteachers agreed that the Rainbows programme is a valuable resource for supporting vulnerable children in school.'

'96% of parents and carers would recommend the programme to others.'

"The Rainbows programme has made a huge difference to our family life. We found that our son was more able to cope with his grief and loss." (Parent)

'79% of children agreed that they felt more confident and less worried about their problems after attending a Rainbows Programme.'

"Rainbows helped me to manage my feelings more and gave me an understanding of why I'm feeling this way." (Bradley, Year 8)